OntarioNNADAP.org

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Volume 2, Issue 1



Ontario Regional Addictions
Partnership Committee
(ORAPC) Logo symbolizes
the partnership that exists
across the Ontario Region.

Pay Equity Strategy for Ontario NNADAP

The ORAPC Coordinator attended the All Ontario Chiefs Conference hosted by Whitefish River First Nation on Manitoulin Island in June.

Treatment Directors Roy Thunder of Rev. Tommy Beardy Memorial Treatment Centre at Muskrat Dam and Rolanda Manitowabi of Ngwaagan Gamig Recovery Centre at Wikwemikong were also present. We took that opportunity to speak with various Chiefs on issues facing Ontario NNADAP and garner support for the development of an Ontario NNADAP Pay Equity Strategy.

On June 26, 2013 the Chiefs in Assembly passed resolution 13/07 endorsing the development and implementation of the annual work plan and the pay equity strategy that is being championed by the NNADAP Treatment Centre Directors of Ontario and the Ontario Regional Addictions Partnership Committee. The outcome of that initiative will be presented at the AOCC in 2014.

ORAPC will keep Ontario NNADAP updated as things move forward.

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2013 Ontario NNADAP Conference

The Ontario Regional Addictions Partnership Committee (ORAPC) has been busy planning the 2013 Ontario NNADAP Conference. It will take place on October 21—23, 2013 at the Toronto Airport Marriott. Ontario NNADAP Workers will have the opportunity to receive 3 full days of certified training on a variety of addictions and related topics.

There will be Registration and a Reception on the eve of October 20th. A keynote speaker will begin the Conference on October 21st then participants will split into

the workshops they preregistered for. On the evening of October 22nd there will be a banquet and entertainment to follow. The Conference will close about 4pm on October 23rd.

This year's keynote speaker will be Monique Gray-Smith of Little Drum Consulting in British Columbia. She will be delivering a keynote on Fostering Resiliency and will also be facilitating one of the workshops. Other workshops offered will include Cognitive Behavioral Therapy, Mental Health, Ethics, Cultural Teach-

ings, Working with Youth, Presentation Skills Building and Case Management.

Full sponsorship for NNADAP funded workers is available with the payment of a \$200 nonrefundable deposit. The registration deadline will be September 30, 2013. Space will be available for booths and exhibitors. Registration packages are expected to be distributed in August. Hope to see you all there!

Ngwaagan Gamig Recovery Centre Inc. (Rainbow Lodge)

While on Manitoulin Island for the All Ontario Chiefs Conference, Rolanda Manitowabi, Treatment Centre Director at Ngwaagan Gamig invited us to tour the Residential Treatment Centre and to meet some of Ngwaagan Gamig's wonderful staff. Rolanda also gave us a beautiful tour of Wikwemikong Unceded Indian Reserve. Thanks Rolanda!!



About Ngwaagan Gamig

It is a 4-week residential Alcohol and Drug Treatment Program for males and females 18 years and older. Ngwaagan Gamig's program uses a <u>culturally-based cognitive-behavioural approach</u> to addictions treatment.

Admission

To be considered for admission clients must complete the following:

- · Referral Forms
- · Medical Forms
- Admission and Discharge Criteria and Assessment Tools (ADAT)
- Participate in a telephone interview one-week prior to admission

Pre-treatment

The worker making the referral is responsible for

assisting the client prepare for treatment through the following:

- Reviewing treatment process
- Engaging client in pretreatment activities, counselling, etc.
- Clearing up any personal/business matters such as finances, medical appointments, child care, family, personal relationships and legal issues to ensure they do not interfere with treatment
- Arranging for transportation to and from the centre. Ngwaagan Gamig will provide transportation from Espanola.

Treatment Program

Ngwaagan Gamig has designed their treatment program using the eight point star and the Seven Grandfather Teachings shown in the picture below.



The treatment program guides clients through a variety of cultural teachings and activities, drug and alcohol education, group and individual counselling and the 12-step approach to addictions recovery. There are opportunities to



attend A.A., N.A., Sweat lodge and Mass. Each week, staff and participants celebrate weekly accomplishments and at the end of the 4th week a Feast and Graduation Ceremony is held to recognize client's achievements.

Upcoming Admission Dates

August 12, 2013 September 16, 2013 October 21, 2013

November 25, 2013

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Ngwaagan.ca

Ngwaagan Gamig has it's own website which holds lots of useful information for clients and referral workers. The Referral Forms are available on the website along with intake dates in 2013 and 2014 and a detailed 4-week schedule of the treatment program. There is also an excellent video about the centre viewable on the website. The video includes a song written about the centre and is preformed by one of the centres treatment groups. If you are referring a client to Ngwaagan

Gamig review the website with them as part of their pre-treatment readiness. It will give them a chance to see the centre before they arrive, prepare them for what to expect and see some of the staff faces.

Visit
Ngwaagan
Gamig
Recovery
Centre
online at
Ngwaagan.ca



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ORAPC Updates

In addition to the Conference, National Anti-Drug Strategy funding and the Prescription Drug Abuse proposals ORAPC would like to give Ontario NNADAP a summary of last year's activities and an idea of what's to come this year.

In the 2012/13 fiscal year ORAPC was quite busy with the following activities:

- Planning the Ontario NNADAP Conference
- Reviewing National Anti-Drug Strategy funding training proposals
- Representing Ontario NNADAP in regional and national initiatives such as NNAPF Board of Directors, Trilateral First Nations Senior Officials Committee Mental Health and Addictions Working Group and NNAPF Workforce Development Initiative
- Coordinating the development of a draft standardized Ontario

NNADAP Treatment Intake Form

- Maintaining and updating the OntarioNNADAP.org website
- Maintaining the Ontario NNADAP Directory
- Production and distribution of NNADAP Newsletters
- Completion of a draft ORAPC Review
- ORAPC Strategic Planning
- Preparing proposals and accessing funding for activities
- Preparing final reporting to be distributed to Chiefs of Ontario Health Coordination Unit, Ontario NNADAP and NNAPF

The **2013/14** ORAPC Workplan includes the following activities:

· Increase advocacy efforts

regarding certified NNADAP Worker retention incentives, Ontario NNADAP Wage Parity and other needs/concerns/issues identified by Ontario NNADAP

- Finalize standardized
 Ontario NNADAP Treatment Intake Form
- Coordinate the development of a standardized Ontario NNADAP Treatment Assessment
- Development of Toolkit(s) in response to Ontario NNADAP needs and renewal framework priorities
- Promote addiction counsellor certification status of Ontario NNADAP workers
- Coordinate certified training opportunities as resources become available
- Develop proposals and secure funding to promote Ontario NNADAP and ORAPC
- Prepare proposal, secure funding and organize the 2013/14 Ontario NNADAP Conference
- Gather current information on the diverse needs

- of First Nations communities in Ontario relating to addictions
- Prepare Briefing Notes on ORAPC activities to Health Coordination Unit, Chiefs of Ontario, PTO Health Directors, NNAPF and NNADAP workers
- Develop and distribute Quarterly Ontario NNADAP Newsletters
- Maintain Ontario NNADAP Website and Ontario NNADAP Worker database
- Access funding for a fulltime ORAPC Coordinator and oversee tasks and activities of the Coordinator
- Review and select proposals for the National Anti-Drug Strategy Certified Training funding

All ORAPC Minutes, Work Plans and Final Reports are available on the OntarioN-NADAP.org website.

Monetary Retention Incentive for

Since 2008, the National Anti-Drug Strategy has been releasing funds for certified training opportunities and for monetary Retention Incentives for Ontario NNADAP funded workers who have achieved and maintained addictions certification through one of the three certification bodies (CCPC, CACCF

or FNWACCB).

The Retention Incentive is \$4,000 again this year. NNADAP Workers need to fax a copy of their certificate to 807-343-5308 by September 6, 2013. The certificate must be good through December 2013 to qualify for the incentive. For more information, visit OntarioNNADAP.org

Some workers have been experiencing difficulty in receiving their Retention Incentive once distributed to their employer. The Ontario Regional Addictions Partnership Committee has made this issue a priority and will be working to find solutions to rectify any difficulties faced by Ontario NNADAP

NNADAP Workers

Workers. It is important that you let the ORAPC know what kind of issues you are facing so strategies can be developed and advocacy efforts can be made.

If you are experiencing problems receiving your retention incentive please call Autumn Johnson, ORAPC Coordinator at 519-491-2316.

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ORAPC

The Ontario Regional Addictions Partnership Committee (ORAPC) will facilitate communication and provide advice/quidance/

recommendations to the Chiefs of Ontario office, First Nations & Inuit Health Branch (FNIHB), NNADAP Community -based and Treatment Centre workers and PTO's on issues of addictions and holistic approaches to healing through ongoing processes of review, evaluation, and monitoring. The ORAPC will provide input on regional and national initiatives in the area of addiction programs and services as the implementation of the NNADAP Renewal Framework moves forward.

Treatment Centre Rep John Dixon

Treatment Centre Rep Wanda Smith

NAN South Rep Francine Pellerin

NAN North Rep

Vacant

AIAI Rep

Lisa Jackson

UOI North Rep Vacant

UOI South RepJohn Mattson

Treaty #3 Rep Vacant

Six Nations Rep Penny Hill

IFN South Rep Patricia Sword

IFN North Rep Barb Kejick

Transfer Payment Rep Yvonne Wright

Ex Officio Member Lynn Baxter, FNIHB

Ontario Regional Addictions Partnership Committee c/o Walpole Island Community Service Program R.R. #3 Wallaceburg, Ontario

> N8A 4K9 Phone: 519-627-0767 Fax: 519-627-2991

FNIHB Update

In 2012/13 National Anti-Drug Strategy funded 7 First Nation organization proposals to deliver certified training to 140 Ontario NNADAP Workers totalling \$189K. A call for proposals went our early in this fiscal with a deadline for proposals of June 14, 2013.

Also in 2012/13, Ontario Region FNIHB funded a number of community-based Prescription Drug Abuse projects in First Nation communities totalling \$3.2 million.

At the National level, NNADAP Head Quarters is working to implement the Addictions Management Information System (AMIS) to collect data in treatment centres. Pilot projects are being set-up with a goal of being operational by 2014/15.

The Treatment Centre Outcome Study continues with a Phase II Summary Report on the outcomes of client treatment being completed. Thirteen Treatment Centres across Canada have participated and each will receive their own data and a National Final Report is available that includes all data. A specific section on opioid use is included in the summary report.

A Community Level Outcome Study is being developed to track client outcomes, effective case management, evaluation activities and effective programs and services at the community level. A methodology is being developed that includes cultural competence and cultural safety. A community-based process map is being created to show the networks and health service structures surrounding NNADAP community based programs. Additionally, a data collection tool is being developed with the hopes that a pilot project will be run this fiscal year.

The development of a Concurrent Disorder Capable Guide for Treatment Centres and Community Based Programs is underway. Part of the Honouring our Strengths framework, this guide will provide assistance with adapting programs to be concurrent capable and assist workers who work with clients who have co-occurring mental health and addictions issues.

An evaluation of Community Based Prescription Drug Abuse approaches is under way. Headed by Lakehead University and the NNADAP Headquarters, the evaluation is expected to be completed this summer.

NNAPF, FNIHB, NNADAP, NIHB and other Addictions experts have begun planning for the development of Prescription Drug Abuse treatment protocols.

National Prescription Drug Abuse Strategy "First Do No Harm: Responding to Canada's Prescription Drug Crisis" available on Canadian Centre for Substance Abuse Website.

Five Community Wellness Development Teams are available in Ontario to assist communities with their plan to address prescription drug abuse. Four are working out of Ontario Treatment Centres and one is located at the Sioux Lookout First Nations Health Authority.

Proposals for PDA Projects

Prescription drug abuse (PDA), particularly opioid misuse and dependency, continues to be a priority concern in Ontario First Nations communities.

To assist communities in their efforts to address prescription drug misuse FNIHB Ontario Region will accept proposals for community based projects that meet one or more of the following objectives:

- projects that focus on the prevention of drug abuse
- projects that focus on increasing knowledge

and developing capacity of community based staff to work with individuals with opioid addictions

 projects associated with delivering community based detox/ treatment /aftercare programming for individuals with opioid addiction.

The number of projects funded is dependent on funding available. Priority will be given to communities with the greatest needs. The project must be completed within the current fiscal year.

Proposals will be accepted <u>until</u> November 30, 2013.

To properly serve the communities and ensure a fair and equitable approach, FNIHB - Ontario Region has developed guidelines which describe some elements and activities to be considered when developing a community based PDA project.

To access the complete guidelines and the application form visit

http://ontarionnadap.org/?p=438