

KNOW THE SIGNS OF AN OPIOID OVERDOSE.

Anyone using opioids can overdose.

Fentanyl and other dangerous substances are being mixed with other drugs.

Signs of an Opioid Overdose



Blue lips or nails



Dizziness and confusion



Can't be woken up



Choking, gurgling or snoring sounds



Slow, weak or no breathing



Drowsiness or difficulty staying awake

Suspect an Overdose?

CALL 911 or
Emergency
Services

Administer
naloxone
if you have it

Stay with the
person until
help arrives

Where to get
naloxone:

If you're experiencing emotional distress and want to talk, call the
First Nations and Inuit Hope for Wellness Help Line at 1-855-242-3310.
It's toll-free and open 24 hours a day, 7 days a week.

Learn more at Canada.ca/Opioids | Together we can **#StopOverdoses**



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