

## Ontario Regional Addictions Partnership Committee (ORAPC) Newsletter

Facebook and Twitter offer immediate information on issues affecting NNADAP.



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## Budget 2018 Investments for Substance Abuse Prevention and Treatment

### Background

The National Native Alcohol and Drug Abuse Program (NNADAP) was originally developed in the early 1970's. It was designed to deliver prevention and education on alcohol addiction.

Due to the changing landscape in addictions, a case study was completed in 2017 on the NNADAP program.

The case study identified the costs needed to maintain and implement new NNADAP programming as follows:

*\$6.1 million – Wage parity for existing staff*  
*\$29.2 million – New staff hire at wage parity*  
*\$13.6 million – Operating costs*  
*\$4.8 million – Administration costs at 10%*

Overall, the study showed an annual investment of \$53.8 million dollars for Ontario in order to sustain the program.

The case study, unfortunately, did not meet treasury board approval in 2017 and did not, therefore, make the Federal Budget.

### 2018/19 – New Dollars

In February of 2019, the First Nations Inuit Health Branch (FNIHB), Indigenous Services Canada (ISC) announced a \$200 million national

investment, over 5 years, to address substance abuse prevention and treatment.

Ontario's allocation of funding for fiscal year 2018-2019 totals \$5,610,441 (\$5.6 million). These dollars are to be invested in addiction service programming as follows:

1. \$509,771 - support 28 community-based opioid agonist sites
2. \$5,100,670 - reduce shortfalls for NNADAP community-based programming
3. \$698,530 – reduce shortfalls for NNADAP treatment centres
4. \$2,500,000 – minor capital investments in treatment centre improvements
5. \$250,000 – feasibility study funding to advance long-term data driven capital planning.

Future dollars for the remaining 4 years will be organized in collaboration with the Chiefs of Ontario in order to identify long-term goals.

To view a copy FNIHB's announcement, please visit [www.ontarionnadap.org](http://www.ontarionnadap.org).

# Certification and the NNADAP Worker

The Ontario Regional Addictions Partnership Committee (ORAPC) encourages all NNADAP Workers to become Certified Addictions Workers by one of the following certifying bodies:

## 1. Indigenous Certification Board of Canada (ICBOC)

- [www.icboc.ca](http://www.icboc.ca), (604)874-7425, Email: [admin@icboc.ca](mailto:admin@icboc.ca)

The Indigenous Certification Board of Canada grants professional certification to First Nations Inuit and Metis practitioners working in addictions, mental wellness, community and family support and other non-regulated allied occupations.

## 2. Canadian Addictions Counsellor Certification Federation (CACCF)

- [www.caccf.ca](http://www.caccf.ca), (866) 624 1911, Email: [info@caccf.ca](mailto:info@caccf.ca)

CACCF members belong to an international consortium that recognizes your certification in 13 countries and 41 states. They have the added worth of a certification process that is valid, reliable and legally defensible, in order to protect the public from the incompetent practitioner.

## 3. Canadian Council of Professional Counsellors (CCPC)

- [www.cpcarpc.ca](http://www.cpcarpc.ca), (250) 558-3323, Email: [ifo@cpcarpc.ca](mailto:ifo@cpcarpc.ca)

The Canadian Professional Counsellors Association (CPCA) is a nationally recognized, independent, self-regulated, non-profit organization registered in accordance with the National Corporate Registry of Canada.

Obtaining or maintaining your certification acknowledges the skills, competence and knowledge that you have achieved in working in the field of addictions.

*For additional information regarding certification, please contact the above-noted organizations directly.*

## 2019 NNADAP Conference

**SAVE-THE-DATE**

The ORAPC has been hard at work advocating on behalf of all NNADAP Workers in Ontario. On March 19-20, 2019, the ORAPC met at the Residence Inn, Toronto Airport to discuss issues affecting NNADAP.

While at this 2-day meeting, the 2019 NNADAP Conference dates were finalized as follows:

**Conference Date: October 8, 9 & 10, 2019**

**Location: Holiday Inn Toronto International Airport**, 970 Dixon Road,  
Toronto, ON

ORAPC listened to NNADAP workers who said they would like to see the conference rotate from the North to the South.

Details are being finalized and information will be sent directly to NNADAP Workers regarding conference registration, keynote speakers and workshops as the conference date nears.

Please keep checking the ORAPC website at [www.ontarionnadap.org](http://www.ontarionnadap.org) or the Facebook Page for additional details.

## NNADAP Across Canada

Across Canada there are approximately 618 NNADAP programs that receive funding from FNIHB, Indigenous Services Canada.

These NNADAP programs offer services to men, women and youth and number across Canada as follows:

550 - Community-based (First Nation) programming;

58 - Treatment Centre programming; and

10 – Native Youth Solvent Abuse Program (NYSAP) Treatment Centres.

## Ontario NNADAP

NNADAP programming in Ontario is offered by the following:

117 – Community-based (First Nation) programming;

11 – Treatment Centre programming; and

2 – Native Youth Solvent Abuse Program (NYSAP) Treatment Centres.

"YOUR DREAM  
DOESN'T HAVE AN  
EXPIRATION DATE.  
TAKE A DEEP BREATH  
AND TRY AGAIN."

-KT WILLED

## Opioid Agonist Therapy (OAT)

Pronounced: *Ago-nist*

Indigenous Services Canada (ICS) announced \$250,000 to support the current 28 community-based Opioid Agonist Treatment Sites.

Opioid Agonist Therapy (OAT) is a treatment therapy for opioid addiction to heroin, oxycodone, fentanyl and Percocet.

The therapy involves taking methadone (Methadose) and buprenorphine (Suboxone) which are 2 medications that prevent withdrawal and reduce the craving for opioid drugs.

Both methadone and buprenorphine are long acting opioid drugs, meaning they prevent the body from entering withdrawal for a period of 24-36 hours. This therapy stops the body from craving opioids and allows the person to focus on their life.

For more information on Opioid Agonist Therapy (OAT), please visit:

- a) Indigenous Services Canada  
<https://www.canada.ca>
- b) Centre for Addiction and Mental Health (camh)  
<https://www.camh.ca>
- c) Thunderbird Partnership Foundation  
<https://thunderbirdpf.org/>

## Human Trafficking

### Definition Under the Criminal Code

Human trafficking is defined under the criminal code as:

1. Recruiting, transporting, transferring, receiving, holding, concealing or harboring a person;
2. Exercising control, direction or influence over the movements of a person;
3. Exploiting a person including forced labour or sexual exploitation.

### Victims

According to Stats Canada human trafficking affects young women.

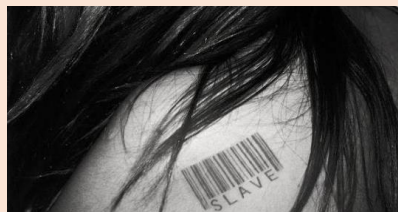
In Canada, between 2009 and 2016, there were 865 victims of human trafficking, 95% or 821 of which were female. Young women under the age of 25 accounted for 70% or 648 of all victims with 26% or 224 being under the age of 18 years.

According to a 2017 CNN report, Indigenous people make up only 4% of Canada's population, however, 50% of sex trafficking victims are Indigenous.

### How Victims Are Recruited

Traffickers often begin a friendship or romantic relationship with their victim. Many victims are initially treated well and are given gifts and/or promised a better life.

Once the trafficker has established a trusting relationship with the victim, they are able to manipulate the victim and exploit her.



The trafficker can become violent and threaten the victim but continue to show affection.

The trafficker then gains control of the victim who is then coerced into selling sex for profit. Often times the victim is unaware or does not fully understand that she is being trafficked. Sex trafficking has been likened to modern day slavery.

### Signs of Trafficking

When someone is being groomed for sex trafficking there are indicator signs, such as:

- Withdrawing from family and friends;
- Being secretive about their whereabouts;
- Staying out late;
- Missing school or sudden failing grades;
- Suddenly having new clothing that they would not normally afford to buy.



### Where to Get Help

If you suspect immediate danger to a child under 18, dial 911 or your local police.

For information and support, call Ontario's confidential Human Trafficking Helpline:

**1-833-999-9211,  
TTY 1-888-340-1001**



# **ASK ME HOW I DID IT**

## **RELAUNCH**

**ORAPC is continuing their 'Ask Me How I Did It' campaign!**

**This campaign was originally launched in 2017 with the intention of**

**GETTING THE CONVERSATION STARTED**  
**on how**

- 1) First Nation individuals;**
- 2) NNADAP Workers (community-based and treatment centres); and/or,**
- 3) FIRST NATION communities**

**started or helped others start their healing journey of living a healthier lifestyle away from drugs, alcohol and gambling.**



**Look for details for the 2019/2020 campaign relaunch**  
**COMING SOON to the**  
**ORAPC website at [www.ontarionnadap.org](http://www.ontarionnadap.org)**

ORAPC: A regional voice that provides advice, guidance, recommendations to leadership on issues of addictions and wholistic approaches to healing with respect to the National Native Alcohol Drug Abuse Program (NNADAP)



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