



NNADAP Community based and Treatment Centre Workers in Ontario will have the opportunity to develop knowledge and skills relevant to their role as Addictions Counselors and Prevention Workers. All training will be certified by ICBOC for Continuing Education Units.

Registration is FREE for all Ontario NNADAP Workers
All travel and meals will be covered for NNADAP Workers

15th Annual

Ontario NNADAP Conference

Holiday Inn Toronto Airport Hotel
970 Dixon Road, Toronto ON

October 8 - 10, 2019

NNADAP Worker
Registration Package

*If you are **NOT** a NNADAP worker, please ensure you complete the **Non-NNADAP worker registration form**. The registration fee for Non-NNADAP workers is \$600 and is limited to the first 50 people that register.*

Registration Deadline:
September 13, 2019

Contact:

Kari Chiappetta, Conference Coordinator
Phone: 807-621-6225 Fax: 807-577-6800

Email: kcconsulting@shaw.ca

Organized by the Ontario Regional Addictions Partnership Committee

Hosted by the Native Horizons Treatment Centre
Sponsored by HEALTH CANADA



WE ARE RESILIENCY

2019 Ontario NNADAP Conference Agenda

Master of Ceremony- Earl Lambert
Elders: Glenn McDougall & Renee Hill

Monday October 7, 2019

6:00 pm – 9:00 pm Early Registration

Tuesday October 8, 2019

7:30 am Sunrise Ceremony
 7:30 am – 8:30 am Breakfast (provided) and Registration
 8:30 am- 9:45 am Opening Prayer, ORAPC Welcome Remarks, Drum Bundle Teaching
 9:45 am – 10:15 am Break and Networking
 10:15 am – 12:15 pm Opening Keynote- **Mike Scott**
 Finding the Warrior Within
 12:15 pm-1:15 pm Lunch
 1:15 pm – 2:45 pm **Concurrent Workshops**

1	2	3	4
Trauma Training- Train the Trainer <i>Presenter: Gerald Kiesman</i> 1.5-hour session run two separate times	Understanding Opioid Addiction & Treatment <i>Presenter: Mae Katt</i> 1.5-hour session run two separate times	Exploring Healthy Sexuality, HIV and other STBBI's <i>Presenter: Sharp Dopler</i> 1.5- hour session run two separate times	I Am More Than an Object: Re-weaving Stories to Our Humanity <i>Presenter: Sheila Wahsqouaikezhik</i> 1.5- hour session run two separate times

2:45 pm – 3:00 pm Break and Networking
 3:15 pm – 4:45 pm **Concurrent Workshops**

5	6	7	8
Trauma Training- Train the Trainer <i>Presenter: Gerald Kiesman</i> 1.5-hour session run two separate times	Understanding Opioid Addiction & Treatment <i>Presenter: Mae Katt</i> 1.5-hour session run two separate times	Exploring Healthy Sexuality, HIV and other STBBI's <i>Presenter: Sharp Dopler</i> 1.5-hour session run two separate times	I Am More Than an Object: Re-weaving Stories to Our Humanity <i>Presenter: Sheila Wahsqouaikezhik</i> 1.5- hour session run two separate times

7:00 pm Paint Nite

Wednesday October 9, 2019

7:30 am – 8:30 am Breakfast (provided)
 8:30 am- 8:45 am Welcome and Opening Prayer
 8:45 am – 10:15 am **Keynote- Sheila Wahsqouaikezhik**
 Human Trafficking: Colonization as a Participant in Grooming and Trauma Bonding

10:15am – 10:30 am	Break and Networking		
10:30 am – 12:00 pm	Concurrent Workshops:		
9 The Journey to Wellness: Addressing Abandonment & Shame <i>Presenter: Rod Jeffries</i> 3- hour session	10 Professional Practice, Boundaries and Ethical Practice <i>(This workshop runs over all concurrent session on October 9 and 10)</i> 6 hours of instruction <i>Presenter: Dr. Jim Cullen</i>	11 Gambling, Harms and Recognizing Barriers to Changing Behavior <i>Presenters: Lisa Jackson and Amanda Fobister</i> 3-hour session	12 Understanding Imprints of Trauma in the Mind and Body <i>Presenter: Gerald Kiesman</i> 3- hour session
12:00 pm – 1:00 pm	Lunch		
1:00 pm – 2:30 pm	Concurrent Workshops		
9 continued The Journey to Wellness: Addressing Abandonment & Shame <i>continued</i>	10 continued Professional Practice, Boundaries and Ethical Practice (6 hours) <i>continued</i>	11 continued Gambling, Harms and Recognizing Barriers to Changing Behavior <i>continued</i>	12 continued Understanding Imprints of Trauma in the Mind and Body <i>continued</i>
2:30 pm – 2:45 pm	Break		
2:45 pm – 3:15 pm	Plenary Session facilitated by Earl Lambert		
3:15 pm – 4:15 pm	Keynote- Teddy Syrette The Barriers and Beauty of 2-Spirit/Queer/Trans/Non-Binary Indigenous People of Turtle Island		
6:00 pm	Banquet Dinner and entertainment featuring Earl Lambert		
8:00 pm	Comedy Show with Earl Lambert		

Thursday October 10, 2019

7:30 am – 8:30 am	Breakfast (provided)		
8:30 am- 8:45 am	Welcome and Opening Prayer		
8:45 am – 10:15 am	Concurrent Workshops		
13 safeTalk 3-hour session <i>Presenter: Brenda Johnson</i>	10 continued Professional Practice, Boundaries and Ethical Practice (6 hours) <i>continued</i> <i>Presenter: Dr. Jim Cullen</i>	14 A Community Approach in Dealing with Sexual Violence: Developing a Protocol <i>Presenter: Wanda Gabriel</i> 3-hour session	15 Enhancing the Continuum of Care Journey A Journey through Ontario NNADAP Treatment Programs 3-hour session
10:15 am – 10:45am	Break and Networking		
10:45 am – 12:15pm	Concurrent Workshops <i>continued</i>		
13 continued safeTalk <i>continued</i>	10 continued Professional Practice, Boundaries and Ethical Practice (6 hours) <i>continued</i>	14 continued A Community Approach in Dealing with Sexual Violence: Developing a Protocol <i>continued</i>	15 continued Enhancing the Continuum of Care Journey <i>continued</i>
12:15 pm – 1:15pm	Lunch		
1:15pm – 2:30 pm	Closing Keynote We are Resiliency- Strengthening our Spirit Rod Jeffries		
2:30 pm – 3:00 pm	Wrap Up and Final Comments		

Workshop Descriptions

Tuesday October 8, 2019 Sessions

All sessions on Tuesday are 1.5 hours long and are run TWICE to allow more people to attend

Sessions 1 & 5 Trauma Training- Train the Trainer

Presenter: Gerald Kiesman

The Train the Trainers Program provides community workers the necessary skills to work with trauma survivors. Participants learn how to do an assessment, counseling, therapy, facilitating, sharing circles and healing workshops. Educational components are provided on topics of understanding trauma, ptsd, healing exercises, vicarious and secondary trauma and complex trauma.

Sessions 2 & 6 Understanding Opioid Addiction and Treatment

Presenter: Mae Katt

The workshop will focus on Opioid agonist treatment that incorporates land and culture-based activities into wholistic approaches. Models of care that are created in First Nations see positive impacts with community-based interventions. These vary across the province and country but some principles stand out to ensure long term wellness and reduce relapse.

Understanding the role of trauma is key to providing an environment for clients and families to rebuild and strengthen their lives. Unresolved grief and loss can impede wellness and a four-step grief model will be presented.

New formulations of treatment (injectable, implants) are important to support clients in family rebuilding, employment, land activity and who is appropriate for care will be discussed.

The changing landscape in First Nations with other drugs impacting the community (Crystal Meth, Cocaine, Alcohol) will be addressed.

Sessions 3 & 7 Exploring Healthy Sexuality, HIV and Other STBBI's

Presenter: Sharp Dopler

There was a time when we as Indigenous folk fully understood the gift that sexuality is. However, through our long colonization, we have had that healthy appreciation and knowledge replaced with shame, dysfunction and trauma. Those things all work together to increase our risk of HIV and other Sexually Transmitted Blood Borne Infections (STBBI's). Join Sharp for a frank, fun and informative discussion of topics that are key to us returning to our balanced way of being in the world and to reducing the risk of HIV and other STBBI's.

Sessions 4 & 8 I Am More Than an Object: Re-weaving Stories to Our Humanity

Presenter: Sheila Wahsquonaikezhik

Using a personal narrative as a sex trafficking survivor, we will travel into a space of reimagining our roles as counsellor and client in trailing pathways to health and well-being. We will use the Story Weaving Wheel as a way of opening conversation that invites songs of resilience, hope and honouring of self as we situate cultural fluency in the process of healing. This is a multi-disciplinary workshop that includes lived experience, powerpoint and workshop participation.

Wednesday October 9, 2019

All sessions on Wednesday are 3-hours long and will be run once except Professional Practice, Boundaries and Ethical Practice which is 6-hours of instruction and will run over all 4 workshop timeslots on Wednesday and Thursday

Session 9 The Journey to Wellness: Addressing Abandonment & Shame

Presenter: Rod Jeffries

Abandonment and shame continue to have a devastating impact on Indigenous peoples around the world. The abandonment and shame that occurs as a result of cultural oppression, colonization and trauma is destroying the very essence of our cultures, our families, our communities and our workplaces. Abandonment, including the historic and intergenerational impacts, has ripped at the spirit of many people and for most, it remains unresolved today. Abandonment and its impacts will be explored as one of the major sources of shame. Unresolved shame has many impacts on the individual, the family and the community. Also to be discussed will be attachment and how it impacts us today. Participants will leave the workshop with a greater understanding of abandonment & shame, its' impacts and the necessary steps to continue to heal shame on the journey to wellness.

Session 10- Professional Practice, Boundaries and Ethical Practice 6-hours of instruction on Wednesday and Thursday

Presenter: Dr. Jim Cullen

From a culturally sensitive framework this workshop over 6 hours and broken into 2 days reviews concepts of professional practice that is both ethical and legal. Concepts of transference/counter-transference, boundary crossing, self-disclosure, gifts, as well as risk assessment case studies will all be reviewed and the participants will leave the workshop with skills and tools to assist in their practice.

Session 11 Gambling Harms and Recognizing Barriers to Changing Behaviour

Presenters: Lisa Jackson and Amanda Fobister

Addressing gambling and gambling-related harm requires an integrated and sustained approach focused on improving the health of the community as a whole. Whether you have been supporting people with gambling problems for years or you are new to the field, changes and expansion in the gambling landscape and the blurring of gaming and gambling all indicate a need for updated approaches for clients, families and communities. Through self-discovery, motivating factors and meaningful activities we will show some useful tools to take back for use with your clients.

Session 12 Understanding Imprints of Trauma in the Mind and Body

Presenter: Gerald Kiesman

To heal trauma, it is important to have an understanding how trauma impacts the mind and body. This workshop presentation provides participants with an understanding of how trauma impacts important components of the mind and body, such as the brain, nervous system, endocrine glands and muscles and organs. The workshop also provides a Trauma Stress Release Exercise that helps in managing and controlling the trauma stressors when people experience flashbacks of the trauma. Education of trauma and ptsd is essential in healing unresolved trauma.

Thursday October 10, 2019

All sessions on Thursday are 3-hours long and will be run once except Professional Practice, Boundaries and Ethical Practice which is 6-hours of instruction and will continue in Thursdays time slots

Session 13 safeTalk

Presenter: Brenda Johnson

Suicide is preventable. Anyone can make a difference.

- Half-day training in suicide alertness skills
- Learn four basic steps to create a life-saving connection
- Widely used by professionals and the general public

safeTALK works

Studies show that participants gain confidence:

- Asking people about suicide directly
- Connecting them to life-saving resources
- Keeping them safe until those resources take over

Session 14- A Community Approach in Dealing with Sexual Violence: Developing a Protocol

Presenter: Wanda Gabriel

Formal policies and response protocols can play a critical role in creating an environment where everyone in the community understands that sexual violence is unacceptable, survivors receive the services they need, and perpetrators are held accountable. Together with education and awareness activities, formal policies and protocols can make important contributions to increasing community safety. Effectively responding to sexual violence requires a comprehensive approach that engages all members of the community.

The purpose of this workshop is to provide information, awareness and dialogue on community efforts in developing and implementing a sexual violence response protocol.

Session 15 Enhancing the Continuum of Care Journey

A Journey through Ontario NNADAP Treatment Programs

Presenters: Treatment Centre Directors

Have you wondered what treatment programs are available in Ontario? What programs are offered? How does one get into a centre –what are the requirements? Where are they located? What do they look like? Who do they serve? How do they differ? What cultural programs do they have? Who does land based activities? What treatment and counselling modalities do they use? This will be one of the few times all Ontario treatment centres will be in the same room to answer all your questions! The Ontario NNADAP Treatment system supports 11 centres across the province – 9 adult facilities and 2 youth solvent abuse centres. Come meet our staff, discuss your issues and questions and find out what’s happening in our treatment centres.

This is also a chance for treatment centre staff to hear of your concerns, issues and suggestions to strengthen the NNADAP Worker – Treatment Centre relationship. How can we build a stronger relationship to provide on-going support to clients through their treatment journey? What support to you need as a NNADAP worker from our treatment centres? Let’s have an awesome discussion!!!!

Important Information

TRAVEL

- We will *only* cover the cost of NNADAP Air Travel booked through our travel agent.
- ******Once you book your flights, any changes made are YOUR OWN responsibility. No Exceptions.**
- Travel dates for the conference are Monday October 7, 2019 and Thursday October 10, 2019. Hotel and meals will not be covered outside of these days unless you **must** leave earlier or later due to flight scheduling to or from your home community.
- Please do not book your return flights before 5 pm on Thursday October 10, 2019.
- All NNADAP Workers requiring air travel must contact Donna Mills at Happy Time Tours to book your travel. **Donna can be reached at 1-800-473-5955/ 1-807-473-1286 or dmills@httours.com .**
- Travel **must** be booked by September 13, 2019.
- **If you do not book travel prior to September 13, 2019, you will be responsible to cover your own travel costs and will be reimbursed the cost of the ticket should it have been purchased on Sept. 13, 2019**

- You **must** provide the following information to Donna when booking your travel:

- Full Legal Name as it appears on your ID:	- Date of Birth:
- Where you will be flying from:	- Date of travel to Toronto
- Date of Return Travel:	- How many pieces of luggage you will be checking in

- **If you make travel arrangements and fail to show up for your flight without cancelling ahead of time, your band will be billed for the travel costs and accommodations (if applicable).**
- Those who are driving will be reimbursed at \$0.53 per KM based on Map Quest travel distances. Travel Reimbursement Forms will be available at the Conference. **Mileage will only be reimbursed if this is the cheapest mode of transportation.** (i.e. if flight from your community is \$600 and mileage totals \$800, you will be reimbursed \$600)
- The least expensive route of travel will be reimbursed

• **HOTEL ACCOMMODATIONS**

Hotel accommodations will be booked by the conference coordinator using the information provided on your travel itinerary. Conference Coordinator will forward you your hotel confirmation during the last week of September.

EXPENSE REIMBURSEMENT

- NNADAP Workers will receive reimbursement for mileage, taxi and meals not provided at the conference after the Conference by completing a Travel Reimbursement Form by **December 14, 2019**.
- Meals for travel days will be reimbursed at the following rates:
Breakfast \$14.05 Lunch \$13.50 Supper \$38.40
- The following meals will be provided at the conference and **will not** be reimbursed: Breakfast and Lunch on Tuesday, Wednesday and Thursday and supper on Wednesday.

REGISTRATION FEE

- There is **no** registration fee for Ontario NNADAP Workers.
- There are 150 spaces available for NNADAP workers to attend this conference. This conference has reached capacity for the last four years. It is recommended you register early to avoid being placed on a wait list

CONFERENCE VENDORS/EDUCATIONAL DISPLAYS

- The Ontario NNADAP Conference offers opportunity to market products and services.
- Educational Booths
 - There is no fee for educational booths booked by those registered for the conference.
 - Educational booth fee for those not registered for the conference is \$200 to cover meals provided at the conference.
- Vendor booths
 - A number of booths for those selling their wares are also available. The cost for vendor booths for those selling items is \$300 + a donation of a door prize.
- Vendor and Information booths fees cover 2 people to staff the booths
- Contact the Conference Coordinator by email at kcconsulting@shaw.ca or 807-621-6225 to reserve a Conference booth.

Registration Deadline: September 13, 2019

Registrations will be accepted on a first come first served basis. Please register early to secure your seat at the conference.

**Please forward completed forms to Kari Chiappetta, Conference Coordinator
either via**

Fax 807-577-6800 or email kcconsulting@shaw.ca

Should you have questions, contact Kari Chiappetta at 807-621-6225

REGISTRATION

Please complete and return both the registration and the workshop selection page

Name: _____ Job Title: _____

Organization: _____

Office Address _____ Office Phone _____

Email _____ Office Fax: _____

Please indicate any special diet or accommodation needs: _____

How will you be travelling to Toronto (please circle) FLYING DRIVING

If you will be both driving and flying, please indicate your travel plans below

Will you require over night accommodations on your way to or from Toronto? Yes No

If yes, in what city and on what nights will you require a hotel room?

If you are driving, will you be ride sharing with a colleague? YES NO

If Yes, please indicate who you will be driving with and who will be receiving mileage reimbursement:

Banquet

Check this box if you plan on attending the banquet on Wednesday evening (free for participants)

I have read the above travel information and understand the travel arrangement process (please initial)

NNADAP Workers Signature _____ Date: _____

*****Please have your supervisor sign below before submitting your registration form*****

I supervise the above-named person and verify they are the NNADAP worker in our community. I am aware that if the above-named person books air travel and fails to show up for their flight without cancelling, our band will be billed for the cost of travel and accommodations (if applicable). I am also aware that all travel must be booked through the NNADAP travel agent by Sept. 13, 2019. If booked after Sept. 13, NNADAP worker is responsible for **making and paying** for own travel and will be reimbursed the cost of the ticket based on fares from Sept. 13, 2019

Supervisors Signature _____

DELEGATE NAME _____

WORKSHOP SELECTIONS

PLEASE CIRCLE THE WORKSHOPS YOU WISH TO ATTEND

Tuesday Workshops

PLEASE CIRCLE THE 2 WORKSHOPS THAT YOU WISH TO ATTEND ON TUESDAY

Trauma Training- Train the Trainer	Understanding Opioid Addiction & Treatment	Exploring Healthy Sexuality, HIV and other STBBI's	I Am More Than an Object: Re-weaving Stories to Our Humanity
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Wednesday Workshops

PLEASE CIRCLE THE 1 WORKSHOP THAT YOU WISH TO ATTEND ON WEDNESDAY

The Journey to Wellness: Addressing Abandonment & Shame	Professional Practice, Boundaries and Ethical Practice (6-hours long-runs during workshop times on Wednesday and Thursday) <i>If you sign up for this session-Please DO NOT sign up for any additional sessions on Thursday</i>	Gambling Harms and Recognizing Barriers to Changing Behavior	Understanding Imprints of Trauma in the Mind and Body
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Thursday Workshops

PLEASE CIRCLE THE 1 WORKSHOP THAT YOU WISH TO ATTEND ON THURSDAY

SafeTalk	Professional Practice, Boundaries and Ethical Practice <u>continued</u>	A Community Approach in Dealing with Sexual Violence- Developing a Protocol	Enhancing the Continuum of Care Journey
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